



Annual Report

2024 - 2025

33rd Anniversary Year

From the Secretary's Desk

Dear Friends and well wishers,

The year under consideration was year of better performance. As a result we are in a position to happily announce that we have attained a new height in our performance in almost all sectors of our scope of work. The detail report has been given separately hereafter.

Like the cherry on top of the cake, during the year we received the State Award 2024, as *the Best Organization by the Dept. of Persons with Disabilities, Ministry of Social Welfare, GoWB for Outstanding Performance in Rehabilitation of Persons with Disability*, to Paripurnata.

It is needless to say, without full support of the Managing Committee members, Office Staffs, House Mothers & Doctors, these could not have been possible, I am very grateful to each of them.

Further, I convey my sincere gratitude to all well wishers who extended their whole hearted financial and mental support to run organisation smoothly and effectively.

Let us all take an oath that we will, to best our ability, serve humanity by caring for the mentally ill women, promoting good health and alleviating pain and suffering.

Long Live Paripurnata !

Thanking you

Dated : 23rd August 2025

Bidhan Chandra Chakrabarti
Hony. Secretary & Chief Functionary

MANAGING COMMITTEE (2024-2025)

Office Bearers

Dr. Jayasree Maiti	Smt. Moumita Ray	Shri Bidhan Chandra Chakrabarti	Shri Sanjit Kumar Seal
Hony. President	Hony. Vice President	Hony. Secretary	Hony. Treasurer

Members

• Shri Susanta Kumar Dutt • Shri Gour Chand Sen • Shri Debasis Mullick • Smt. Annesha Dutt
Shri Asit Kumar De • Shri Alinda Guha Roy • Shri Sekhar Kumar Seal

Staff & Instructors

Programme Staff

Dr. Shyamal Chakraborty :	Psychiatrist (Part time)
Dr. Japasish Chakraborty :	General Physician (Part time)
Ms. Jhuma Bhatta (Mukhopadhyay) :	Programme-Coordinator-cum-Psychologist
Shri Briti Sundar Bhattacharjee :	Psychiatric Social Worker - cum-Asset Supervisor

Administrative Staff

Shri Prasanta Kumar Dey :	Admin. Asst. cum Accountant
Shri Sanjoy Biswas :	Senior Office Assistant
Shri Goutam Chatui :	Peon
Shri Trinath Sil :	Security
Shri Ratan Das :	Security
Shri Sudam Mondal :	Security -cum-Gardener

House Staff

Smt. Lakshmi Bag	: Deputy House Mother
Smt. Shyamali Acharya	: Asst House Mother
Smt. Shila Mondal	: Asst House Mother
Smt. Shikha Dey	: Asst House Mother
Smt. Sandhya Chakraborty	: Asst House Mother
Smt. Sushama Santuya	: Asst House Mother
Smt. Piyali Das	: Asst House Mother (from 1st January. 2025)

Activity Instructors (Part time)

Smt. Reba Sarkar	: Sewing
Dr. Subhra Naskar	: Art
Smt. Susmita Deb	: Music
Shri Sawapan Dutta	: Music
Smt. Dipanwita Dawn (Laha)	: Dance
Smt. Swapna Nath	: Block Printing
Smt. Malobika Saha Bhowmick	: Yoga

Volunteers

Smt. Gouri Poddar	: Yoga Therapist
Smt. Ruchira Sen	: Communication Skill Developer
Shri Swapan Kumar Ghosh	: Librarian
Shri Naba Kumar Malik	: Network Advisor

The year that was

Key Results Achieved :

- 1) Fifteen residents, were inducted from Government Mental Hospital, Eight were rehabilitated with their families.
- 2) Thirteen ex-residents, who were discharged earlier, relapsed due to reasons like not taking medicines and negligence of the family members, were treated for various duration and were sent back to their respective residents.
- 3) Ten mentally ill patients inducted from lower middle class families were treated and Ten were rehabilitated with their families under the Short-stay Programme.

The average occupancies was 30 out of 30 beds

- 4) Received the State Award 2024, as the Best Organization by the Dept. of Persons with Disabilities, Ministry of Social Welfare, GoWB for Outstanding Performance in Rehabilitation of Persons with Disability, to Paripurnata, in 2024.



- 5) Donation from well-wishers & corporate houses has increased from ₹50.1 Lakhs to ₹74.57 Lakhs.

Activities carried out :

Rehabilitation -

The ongoing residential programme of **Psycho-social Rehabilitation of Mentally ill Women** was conducted simultaneously in three streams :

- i) Rehabilitation programme of 9-12 months for women belonging to the marginalized sections, inducted from Calcutta Pavlov Hospital.
- ii) Rehabilitation months for our ex-residents, who have relapsed, due to factors like, not taking the prescribed medicines and negligence / ill treatment by family members.
- iii) Short stay programme of 4-6 months for women belonging to lower middle class families.

Therapy -

Pharmaco – therapy : Psychiatric treatment with psychotropic medicines as required were regularly carried out by the psychiatrist.

Psychological counseling : Psychological counselling were rendered to all the residents, as applicable. Periodic group therapy sessions and mental state examinations were conducted periodically.

Physical check-up : A general physician regularly carried out check-ups of all the residents and if required prescribed diagnostic and clinical examinations.

Occupational therapy : Training in basic domestic skills like, cleaning, washing, personal hygiene and grooming were imparted every day. Training sessions on stitching, sewing and block printing were held as planned.

Socio-cultural therapy : Therapies in the form of music, dancing, painting and yoga were imparted as planned. To inculcate social skills like, receiving visitors, social interactions and shopping etc. were conducted regularly.

Non-formal education : Classes on general knowledge, current affairs, storytelling and basic human rights were held.

PARALLEL ACTIVITIES CARRIED OUT

Home Visits : Visiting the families of the beneficiaries is an integral part of our rehabilitation process, which help us to gain first-hand knowledge on the ambience of the family and the community; & accordingly sensitize them. Visits were also made to the homes the ex-residents as follow-up measures. A few visits were accompanied by Managing Committee Members also. During the FY 2024-25, 36 such families were visited.

Rabindra Jayanti : 164th Birth Anniversary of the poet Rabindranath Tagore was observed on 9th May 2024 in our Auditorium. The programme began with rendition of Rabindra Sangeet by the Residents. This was followed by a Cultural Programme. The residents paid homage to the poet by reciting poems, singing Rabindra Sangeet and performing dance numbers, composed by him.



Observing World Schizophrenia Day : Schizophrenia day was observed by Paripurnata in association with **FORTIS HOSPITAL**. A Medical Health Camp was organized on 24th May 2024. The residents, staff and instructors had undergone medical check-up (Blood Sugar, Blood Pressure, ECG, Lung function test, followed by doctor's advice), all the residents were benefited by the camp. All together 45 participants were there.

Condolence Meeting on 7th June 2024 at our auditorium to pay homage to the memory of our beloved Sailen Kumar Ray our Ex-President in the year 2016-17 & 2017-18.

28 persons of Paripurnata family were present on this occasion. They expressed their homage and good experience.



Observing International Yoga Day :

A Programme on Yoga was organized on 21st June 2024 at Paripurnata. Ms. Malobika Saha Bhowmick, Yoga Therapist of Paripurnata conducted the programme along with the beneficiaries of Paripurnata. Mr. Bidhan Chandra Chakrabarti, Hony Secretary of Paripurnata gave a brief lecture on importance of Yoga in our life. Mr. Briti Sundar Bhattacharjee, Psychiatric Social Worker anchored the Programme. Two types of Yoga were performed by the beneficiaries of Paripurnata, along with Ms. Malobika Saha Bhowmick. Vote of thanks was given by Ms. Jhuma Bhatta, Programme Coordinator-cum-Psychologist. The duration of the programme was 1 hour and nearly 40 persons attended the programme. Programme ended with light refreshment for all participants.



Doctor's Day : Doctors Day was observed by Paripurnata in association with Group of Doctors led by Dr. Swapna Majhi on 30th June 2024, Medical Health Camp was organized for residents. Medical Health check-up like Blood Sugar, Blood Pressure, ECG, Lipid Profile test, followed by doctor's advice. All together 30 beneficiaries' were there and all of them were benefited by the camp.

Awareness Programme :

An awareness programme of psychosocial-education to the Community was organized on 10th July 2024 at Mahendra Nagar, Sodepur, North 24 Parganas, near the house of our ex-resident, Smt. Rama Das. The programme was conducted by Smt. Jhuma Bhatta, Programme Coordinator cum Psychologist and Shri B.S. Bhattacharjee, Psychiatric Social Worker. The 2 hour session was attended by about 50 persons. The audience was made aware of the history of Paripurnata and its approach to the rehabilitation process.

The topics included :-

1. Introduction to positive mental health.
2. Symptom & causes of mental illness.
3. Precaution & prevention.
4. The role of the community.

The community was requested to accept the persons suffering from mental illness with grace and to spread awareness about the illness to their kith and kin.



On **12th March 2025**, a team from Paripurnata, comprising of Jhuma Bhatta (Psychologist), B.S. Bhattacharjee (P.S.W.), Sandhya Chakraborty (Assistant House Mother), Gautam Chatui (Peon), and two twin sisters named Ganga & Jamuna, visited Gobrapur village in Bongaon, 24 Parganas North. The purpose of the visit was to conduct an awareness program within the community regarding mental health issues and to eradicate the stigma associated with mental illness. The team arrived in Gobrapur village at approximately 5:00 p.m. The venue for the awareness session was chosen as it is the home village of two of the residents of Paripurnata.



The focus of the program was on raising awareness about mental health, including the causes, signs, symptoms, prevention, and treatment of mental illnesses.

About 45 to 50 villagers attended the programme. The local people, along with the key community leaders, showed great interest and supported us throughout the session.

Celebration of Foundation Day of Paripurnata :

Celebrations of 33rd Foundation Day of Paripurnata held on 8th August 2024 was kicked off with the Cake Cutting Ceremony at our Sovarani Sil & Banamali Sil Memorial Hall. in which the beneficiaries and staff members participated. Mr. Bidhan Chandra Chakrabarti delivered short speeches on our struggle and History of Paripurnata also Shri Briti Sundar Bhattacharjee gave a vote of thanks to the audience.



Independence Day :

The 77th anniversary of our Independence was celebrated on 15th August 2024. The celebration commenced with hoisting of the national flag by our resident Ms.- Nilanjana Talukdar. The residents confidently rendered nationalistic songs & recitations, dance drama. Mr. Bidhan Chandra Chakrabarti delivered a short speech on our freedom struggle and Shri Briti Sundar Bhattacharjee gave vote of thanks to the audience.



Musical Soiree :

A musical soiree organised by Musical Finger, for our residents was held on 7th October 2024, on the occasion of **International Mental Health Week**. Ms. Shanoli Sen, (Founder of Musical Finger) and her students performed the soiree and our residents also enjoy the programme at our auditorium.



Durga Puja Celebration

On **Maha Sasthi**, 9th October 2024, the resident accompanied by the staff members, visited in a chartered bus some of the famous puja pandals in Narendrapur, Garia and Baisnabghata – Patuli area. Refreshment was served during the trip.

On **Maha Saptami**, 10th October 2024, Coal India Puja Committee, located in the neighbourhood of Paripurnata, sent Maha Saptami Bhog (lunch) for our residents.

On **Maha Ashtami**, 11th October 2024, Parijat Guest House, Panchasayar invited our residents to the Maha Ashtami (lunch) and after the lunch the residents visited some of the famous puja pandals in local Panchasayar area, accompanied by the staff members. Another neighbour Ms. Moushume Basu Roy also sent Maha Bhog for our residents.

On **Maha Nabami**, 12th October 2024, Jadavpur Samabay Puja Committee, located in the neighbourhood of Paripurnata, sent Maha Nabami Bhog (lunch) to our residents.

On **Maha Dashami**, 13th October 2024, our neighbourhood Ms. Sangita Chatterjee & Shri Shibaji Chatterjee funded lunch for our residents.



Deepabali

As there was restrictions on fireworks, the residents celebrated Deepabali by decorating the premises with diyas, lamps and rangoli on 31st October 2024. The festivities were rounded off with special dinner, donated by the local well-wishers.

Annual Get-together : The programme was held on 17th November 2024 at Paripurnata. A cultural programme was conducted in which the talented residents along with a few staff, Members of Paripurnata and guest artists regaled the overflowing audience. A sumptuous lunch (sponsored by our President, Dr. Jayasree Maiti) was served after the programme.



Family Meet : The meet was held on 20th December 2024, in which 39 family members of residents and ex-residents were present. The meet was organized to exchange views on the mental health status of the residents and ex-residents for enhancement of skills of the family members as caregivers.

Annual Picnic 2025 : Annual Picnic was held on 25th January, 2025 for residents of Paripurnata at **"SERENITY GARDEN"** Chakbaria, Sonarpur, Dist.-24 Pgs. (S). A total of 76 persons, which included our residents, staff members, instructors and a few M.C. members and their wives participated. A few games were played. They enthusiastically took part in the various organized programmes. A wholesome Breakfast and Lunch were served.



House staff meeting : A meeting for house staff was held on 29th January 2025, in which 7 House Staff members and Programme Staff attended the meeting. Our Hony. Secretary Sri Bidhan Chandra Chakrabarti presided over the meet. Various issues and problem area which were thoroughly discussed and resolved in amicable manner. Tea and Samosa were served after the meeting.



Film show : The following film shows were shown to the residents for entertainment and after the show, Light refreshment was served.

- A Hindi movie "Dhamaal." was shown to the residents on 20th July 2024
- A Hindi movie "Golmal 3" was shown to the residents on 1st February 2025
- A Bengali movie "Tonic" was shown to the residents on 29th March 2025.

Annual Sports : The Annual Sports was held on 27th February 2025 at 11.00 a.m. to 4 p.m. for residents of Paripurnata at office ground in which all Staffs, instructors & Hony. Secretary participated. Hony. Secretary Sri Bidhan Chandra Chakrabarti gave away the prizes to the winners. Various new sports were added this year. The participants enjoyed the events. The sports ended with gift and light refreshment to every participant.



International Women's Day (8th March) :

Paripurnata observed the day at the Sovarani & Balaram Sil Memorial Hall at Paripurnata. Mr. Briti Sundar Bhattacharjee - Psychiatric Social Worker - cum - Asset Supervisor introduced the event. Mr. Bidhan Chandra Chakrabarti, Hon-Secretary of Paripurnata delivered a short speech on International Women's Day. Our beneficiaries actively participated in the celebration, which included songs, recitations & dance performances by our residents. Ms. Jhuma Bhatta, Programme Co-ordinator cum Psychologist gave vote of thanks to the audience.



Parallel Activities

Programme for the Nursing Students : The Post Graduate / Graduate / GNM students from the almost all the nursing colleges attended the structured training sessions as a clinical experience of various durations. They interacted with the residents for orientation and exposure on psychosocial rehabilitation process. At the end of training programs, some of the groups had organized short cultural programs for our residents. During the period (2024-25), total of 1319 students from the following colleges participated in the nursing training programme.

BMCH, Purba Bardhaman, Govt. College of Nursing, • Calcutta National Medical College & Hospital, Govt. College of Nursing, • Chandrakant Institute of Nursing And Health Sciences (A Unit of Liver Foundation, W.B.), • Charnock Healthcare Institute, College of Nursing • Command Hospital, Eastern Command Kolkata, College of Nursing, • ID&BG Hospital, W.B. Govt. College of Nursing, • Institute of Child Health- Faculty of Nursing, • Institute of Nursing, Sister Nivedita University, • Institute of Psychiatry, College of Nursing, • Jagannath Gupta Institute of Nursing Sciences, Budge Budge • Ma Sarada College of Nursing • Maheshtala Municipal Institute of Nursing Sciences • Medical College & Hospital, W.B. Govt. College of Nursing, • National Medical College, W.B. Govt. College of Nursing, • Neotia Academy of Nursing, • NRS Medical College & Hospital, W.B. Govt. College of Nursing, Peerless Institute of Nursing (Peerless Hospital and B. K. Roy Research Centre), • Priyamvada Birla Institute of Nursing, • R. N. Tagore Hospital, College & School of Nursing, • R.G.Kar Medical College & Hospital, W.B. Govt. College of Nursing, • S.S.K.M. Hospital, W.B. Govt. College of Nursing, • Shova Rani Nursing College, KPC Medical College & Hospital, • West Bank College of Nursing



Internship / Exposure / Placement visit :

The following students visited Paripurnata for Internship / Exposure / Placement to the Psycho-social Rehabilitation process from different College & Universities, located across the country.

- Two Education Honours, 3rd year, Semester – VI. Students from **Loreto College**, Kolkata.
- Six Department of Psychology (2nd Semester) Students from **Jogamaya Devi College**, Kolkata.
- One MSW (Master of Social Work), Students from **Indian Institute of Technology**, Kanpur.
- One 3rd year undergraduate student of **Jyoti Nivas College Autonomous, affiliated to Bangaluru University**.
- Ten Psychology department Major, Semester II students from **Asutosh College**, Kolkata.
- Three Psychology Major, Semester II students of **Muralidhar Girls' College**, Kolkata.
- One BA (H) Applied Psychology student from **Amity University**, Kolkata.
- Seven Post Graduate Diploma in Disability Rehabilitation and Management students from **National Institute for Locomotor Disabilities, Bon-Hooghly, Kolkata**.
- 44 M.Sc. Psychology student from **Assam Don Bosco University**.

Associated Activities

Seminars, Webinars and Training Programme: Our Psychologist & Psychiatric Social Worker regularly attended seminars, webinars & Training Programme to update their knowledge of mental health and related subjects. Some of the important ones, attended by our programme staff are given below :-

Orientation cum Awareness Programm : Orientation cum Awareness Programme organized by Persons with Disabilities, Govt. of West Bengal on 27th April 2024 was attended by Ms. Jhuma Bhatta, Programme Coordinator cum Psychologist.

Seminar : FOCUS organized a Seminar on Learning and Experience gained on during running a prestigious and challenging project on prevention of early marriage on 27th June 2024, which was attended by our Hony. Secretary Mr. Bidhan Chandra Chakrabarti.

Prof. Srilekha Biswas memorial Lecture, organized by Calcutta Pavlov Hospital (CPH) at CPH on 27th June, by Prof. Tilottama Mukherjee. Topic was Dialectical Behaviour therapy which was attended by Ms. Jhuma Bhatta, Programme Coordinator cum Psychologist.

Celebrating 2nd anniversary of “Pratyay” an assisted living facility for persons recovered - from mental health condition, **was organized by the Department of Women and Child Development of women and Social Welfare, Govt. WB** in collaboration with Health & Family Welfare Department, Govt. of WB and managed by ‘Anjali’ on 8th July 2024. Our Hony. Secretary Mr. Bidhan Chandra Chakrabarti attended the programme.

A webinar by Medico Pastoral Association (MPA), Bangalore as part of their 24th Suvarna Lecture (Golden Jubilee lecture) attended by our Psychologist was as detailed below :-

- “Embracing the Spectrum : Understanding Autism, Early Identification, and Multidisciplinary Interventions” on 27th April 2024.
- Panel Discussion in Observance of World Schizophrenia Day and the Topic was “Sealing a Challenging Frontier” on 25th May 2024.
- A Modern Scourge: Behavioral Addictions - What they are and What can be done' on 28th June 2024

Seminar : Paripurnata organised a Seminar on “**Psycho-Social Rehabilitation from Half-Way Home to Community**” on **9th January 2025**. 78 delegates participated in the seminar from various organisations, Nursing Colleges, Members of Paripurnata and community members. Opening song was sung by Ms. Mili Poddar Basak, Ex-residents of Paripurnata. Ms.-Jhuma Bhatta, Psychologist Paripurnata introduced the speakers and the moderator to the audience. A one minutes silence was observed in memory of Abhaya. The speakers and the moderator were felicitated.

A warm welcome address and lecture focusing on the history & various activities of the organisation was delivered by Mr. Bidhan Chandra Chakrabarti: Hony. Secretary & Chief Functionary of Paripurnata.

Dr. Shamima Yasmin, Associate Prof. of Community Medicine Medical College, Kolkata, spoke on various components of Rehabilitation, with special emphasis on community.

Dr. Sujit Sarkhel Prof. Psychiatry Institute of Psychiatry, Kolkata, stressed upon the legal policies associated with the rehabilitation of the mentally ill persons.

Dr. Shyamal Chakraborty, Consultant Psychiatrist, Paripurnata, President Indian Psychiatric Society, West Bengal State Branch was the moderator of the programme. He summarised the speech given by the above two speakers.

Finally Shri Britisundar Bhattacharjee gave vote of thanks to the speakers, participants and the audience present.



Expression of Gratitude

With all humility, we convey our sincere gratitude to all the individuals, for their thoughtful donations in cash or kind and their unstinting support to Paripurnata.

Government Departments

- Disability Division, Ministry of Social Justice & Empowerment, Gol
- Directorate of Social Welfare, Govt. WB
- Directorate of Health Services, Govt. WB
- Office of the Commissioner for Persons with Disabilities, Govt. WB
- Pavlov Hospital and Centre of Excellence, CNMCH, Kolkata
- Panchasayar Police Station
- Kolkata Municipal Corporation
- Pollution Control Board
- Ministry of Home Affairs, Foreigners Division (FCRA) , Gol
- Income Tax Department, Gol
- West Bengal Fire & Emergency Services, Govt. WB

Donor Agencies, Trusts & Corporates

- Give Foundation
- West Bengal Electronics Industry Development Corporation Ltd. (WBEIDCL)
- WEBEL Technology Limited (WTL)
- Deltron Equipment & Systems Private Limited
- Azim Premji Foundation
- Benevity Causes Portal
- Hindustan Copper Ltd.
- Wacker Metroark Chemicals Pvt. Ltd
- Shefali Batra Foundation, USA
- Sitaram Jindal Foundation, Bangalore
- Agarwal Charitable Trust, Kolkata
- Rotary Club of Calcutta Metropolitan East
- ChemOrbit International, Hyderabad
- Sanderson and Morgans
- M/S Alteus Biogenics Pvt Ltd
- Happy Home Finance
- Art of Living

Organisations & Groups

Inner Wheel Club Of Tilottama Dover Terrace
Inner Wheel Club Of Calcutta South City Tower
Inner Wheel Club Of Ballygunge
Inner Wheel Club Of Calcutta Mid-South
Inner Wheel Club Of Calcutta Mid-West
Inner Wheel Club Of Tilottama Dover Terrace Club FFH
Inner Wheel Club Of Calcutta South Suburban
Indus Valley World School
Baghajatin Park Puja Committee

Fortis Hospital Anandapur
NRS Medicos 78
Gokhale Memorial Girls School
South Point School Junior
Musical Fingers
Coal India Housing Complex Society
Udita Utsav Committee
Bindass
Rotary Club of Kolkata

Associates

Credibility Alliance / Guide Star India / Help Your NGO
Sukriti / Our Civil Society / Ankurkala / Women & Infants

With all humility, we convey our sincere gratitude to all the individuals, for their thoughtful donations in cash or kind above 1000/- and their unstinting support to Paripurnata.

Mr. Abhijit Basu
Ms. Agamani Ghosh
Mr. Alinda Guha Roy
Ms. Amita Siromoni Nair
Ms. Annesha Dutt
Mr. Arun kumar Roy
Ms. Aruna Siromoni
Mr. Asit Kumar Dey
Mr. Asok Kumar Sil
Ms. Bhaswati Roy
Mr. Bidhan Chandra Chakrabarti
Mr. Biswajit Chakraborty
Mr. Biswajit Das
Mr. Debasis Mullick
Ms. Dipanwita Dawn (Laha)
Ms. Elizabeth Susan Paul
Ms. Farina Kapadia
Mr. Gour Chand Sen
Mr. Goutam Kumar Das
Ms. Himanshi Jaiswar
Ms. Indira Culshaw
Dr. Jayasree Maiti
Ms. Kakuli Majumder
Mr. Kalarab Ray
Mr. Kali Shankar Adhikary
Ms. Kalpana Basu
Mr. Kamal Sardar
Ms. Keya Dutt
Ms. Laly Mondal
Ms. Mahuya Baidya
Ms. Mahuya Kamakar
Major Poonam
Ms. Manasi Sarkar
Mr. Meghadri Debnath
Ms. Meghna Sahoo
Ms. Mili Poddar
Mohammad Lutful Kabir
Ms. Monaliza Diemgooh
Dr. P.K. Nayak

Ms. Moumita Sil (Ray)
Ms. Namita Menon
Ms. Parbati Dey
Mr. Partha Dasgupta
Mr. Partha Sarathi Chakrabarty
Mr. Partha Sil
Ms. Poulomi Saha
Mr. Prasanta Kumar Dutt
Mr. Pritish Kumar Sarkar
Mr. Probir Kumar Ghose
Ms. Promita Sen
Mr. Puneet Sood
Mr. Raja Sen
Mr. Rajesh Khandalwal
Mr. Rana Mukherjee
Mr. Rash Behari Sinha
Ms. Ruma Roy (Chakraborty)
Mr. Saibal Ghose
Mr. Salil Dutta
Ms. Salini Sil
Mr. Sanjit Kumar Seal
Ms. Sanjukta Roy
Mr. Sekhar Kumar Seal
Mr. Sekhar Srivastava
Mr. Shibhaji & Ms. Sangita Chatterjee
Ms. Soma Nath
Mr. Somnath Sen
Mr. Soumen Sengupta
Ms. Sova Rani Basu
Ms. Sreyashi Ray Chowdhury
Mr. Subrata Sarkar
Mr. Sujit Chakraborty
Ms. Sumana Ganguly
Ms. Sumi Dutta
Mr. Suprio Sil
Mr. Suresh Manual Rapheal
Mr. Susanta Kumar Dutt
Mr. Tarak Nath Basu

V. Mehta & Co.

2A, "Devidarshan" 83, S.P. Mukherjee Road,
Kolkata - 700026

Tel:-33-35613250/9830039379

email:vmehtaco@gmail.com

URL:

We have examined the records and documents of PARIPURNATA, a Registered Association of Persons (AOP) having Permanent Account Number (PAN) under the Income Tax Act, 1961 as AACAP6688A and having its Registered Office at 1912, Panchasayar Road, Panchasayar, Kolkata – 700 094 for the year ended 31st March, 2025 and the related Balance Sheet as at 31st March, 2025 and the Income and Expenditure Account and the Receipts and Payments Account of the said Association of Persons for the year ended on that date along with the Notes annexed to and forming a part of the said Financial Statements.

ASSOCIATION OF PERSONS RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

PARIPURNATA is responsible for the preparation of these Financial Statements that give a true and fair view of the Financial Position, Financial Performance and the Receipts and Payments of the said Association of Persons. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentation of the Financial Statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

AUDITOR'S RESPONSIBILITY

Our responsibility is to express an opinion on these Financial Statements based on our audit. We conducted our audit in accordance with the Standards on Auditing generally accepted in India. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the Financial Statements are free from material misstatement.

An Audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the Financial Statements. The Procedures selected depend on the Auditor's judgment, including the assessment of the risks of material misstatement in the Financial Statements, whether due to fraud or error. In making those risk assessments, the Auditor considers internal control relevant to the preparation and fair presentation of the Financial Statements in order to design audit procedures that are appropriate in the circumstances. An Audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by the Association of Persons, as well as evaluating the overall presentation of the Financial Statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

AUDITOR'S REPORT OF PARIPURNATA

For the Financial year ended 31st March, 2025

Opinion

In our opinion and to the best of our information and according to the explanations given to us, the said Financial Statements, read with the Notes thereon, give a true and fair view in conformity with the accounting principles generally accepted in India:

- In the case of Balance Sheet, of the State of Affairs of the said Association of Persons as 31st March, 2025 and
- In the case of the Income and Expenditure Account, of the Surplus of the said Association of Persons for the year ended on that date.
- In the case of the Receipts and Payments Account, of the Receipts and Payments of the said Association of Persons for the year ended on that date.

REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS

We report that :

- We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit.
- In our opinion proper books of accounts as required by law have been kept by the said Association of persons so far as appears from our examination of those books and accounts.
- The Balance Sheet, Income and Expenditure Account and Receipt and Payments Account dealt with by this Report are in agreement with the books of accounts.

Date : 26th JULY, 2025

PLACE : KOLKATA

For V. MEHTA & CO
CHARTERED ACCOUNTANTS
FRN NO: 0318144E



Vivek Mehta

VIVEK MEHTA
(PROPRIETOR)
M. NO - 053872
UDIN: 25053872 Rmm AKC 2638

ABRIDGED BALANCE SHEET AS AT 31 ST MARCH, 2025			
Particulars		Year Ended 31.03.2025	Year Ended 31.03.2024
I. SOURCES OF FUNDS :			
1. a) General Fund		1,08,93,653.17	10,978,203.26
b) Project Capital Fund		3,867,965.99	2,227,590.69
c) Building Fund		6,357,695.46	6,357,695.46
Total		2,11,19,314.62	19,563,489.41
II. APPLICATION OF FUNDS :			
Fixed Assets		4,731,046.00	4,502,645.00
Investments		13,085,047.70	12,802,118.70
Current Assets, Advance & Deposits :			
a) Cash & Bank Balances		3,587,356.92	2,099,891.71
b) Advances & Deposits Fund		36,834.00	160,834.00
c) Other Current Assets		29,400.00	
Less: Current Liabilities		36,53,590.92	2,260,725.71
Less: Provisions		370.00	2,000.00
Net Current Assets		3,50,000.00	2,258,725.71
Total		33,03,220.92	19,563,489.41
Total		2,11,19,314.62	

ABRIDGED INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 ST MARCH, 2025			
Particulars		Year Ended 31.03.2025	Year Ended 31.03.2024
I. INCOMES			
Donation :			
From Foreign Sources		126,285.00	222,601.32
From local Sources		7,359,835.43	4,784,355.06
Interest		1,183,869.60	287,738.00
Other Income		367,379.14	776,438.84
Total Income		9,037,369.17	6,071,133.22
II. EXPENDITURE			
Programme Expenses		573,700.00	3,655,097.80
Institutional Expenses		1,455,187.96	2,141,160.59
Depreciation & Amortization		289,352.00	278,148.00
Auditors' Remuneration			20,000.00
Total Expenses		7,481,543.96	6,094,406.39
III. Net Surplus or (Deficit) for the Year		1,555,825.21	(23,273.17)

ABRIDGED RECEIPTS & PAYMENTS FOR THE YEAR ENDED 31 ST MARCH, 2025			
Particulars		Year Ended 31.03.2025	Year Ended 31.03.2024
I. OPENING BALANCE			
Cash in hand and at Bank		2,099,891.71	3,435,721.88
II. RECEIPTS			
Donation Received			
From Foreign Sources		126,285.00	222,601.32
From Indigenous Sources		7,330,435.43	4,784,355.06
Interest Received		1,183,869.60	287,738.00
Maturity of FDRs		7,809,302.00	1,773,439.00
Other Receipts		367,379.14	553,846.84
Total (I + II)		18,917,162.88	11,057,702.10
IV. PAYMENTS			
Programme Expenses		5,387,004.00	3,655,097.80
Institutional Expenses		1,455,187.96	2,141,160.59
Addition to Fixed Assets		517,753.00	124,325.00
Investments in FDRs		8,092,231.00	2,942,447.00
Other Payments			94,780.00
Advance		(124,000.00)	
Liability		1,630.00	
Total (IV + V)		3,587,356.92	2,099,891.71
V. CLOSING BALANCE			
Cash in hand and at Bank		3,587,356.92	2,099,891.71
Total (IV + V)		18,917,162.88	11,057,702.10

DATE : 26th JULY, 2025

Salary Distribution Table (2024-25)

STAFF REMUNERATION

[Gross monthly salary + benefits] per month in Rupees

Gross salary	Amount
Head of the organisation (including honorarium) :	Zero
Highest paid Full Time regular staff :	₹ 30685/-
Lowest paid Full Time regular staff :	₹ 7121/-

**NO REMUNERATION HAS BEEN PAID TO ANY OF THE BOARD MEMBERS, THIS YEAR
NO PAYMENT HAS BEEN MADE TO ANY CONSULTANT, THIS YEAR**

Amount reimbursed to all Board members in the financial year 2024-2025		
Sl.No.	Particulars	Gross Reimbursement per annum
1.	International Travel	Zero
2.	Domestic Travel	Zero
3.	Local Conveyance	₹ 1,12,726/-

Salary Slab for Staff

Slab of gross salary (in Rs) plus benefits paid to staff (per month)	Male staff	Female staff	Total staff
Less than 5000	0	0	0
5,000 – 10,000	2	3	5
10,000 – 25,000	3	3	6
Greater than 25,000	2	1	3
International Travel	Zero		
Domestic Travel	Zero		
Local Conveyance	₹ 29,999/-		

It is stated that, the Accounts of Paripurnata have been prepared on cash basis & recognition of interest on investment in FDRs with the banks are prepared on accrued basis

PARIPURNATA

1912, Panchasayar Road, Kolkata –700 094

Ph. : 91-33-2432-9339/8824

Website : www.paripurnata.org • Email & ☎: paripurnata@gmail.com

Our Bankers :

State Bank of India New Ballygunge (Kasba) Branch Non FC A/C No. : 10433834779 Swift Code : SBININBB106 IFSC NO. : SBIN0008277	State Bank of India New Delhi Main Branch FC A/C No. : 40187950121 Swift Code : SBININBB104 IFSC NO. : SBIN0000691
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YOU CAN HELP US

By –

- ☛ *Adopting one or more of our Residents against a fixed donation.*
- ☛ *Meeting our Residents, interacting with them in a friendly manner with sensitive concern.*
- ☛ *Educating yourself on mental health and sharing this knowledge with others.*
- ☛ *Contributing in cash or kind.*
- ☛ *Buying products made by our Residents.*
- ☛ *Offering your voluntary service.*
- ☛ *Providing job opportunities to the Residents on recovery.*
- ☛ *Sponsoring any of the following items in part or whole :*

- **Psychosocial Rehabilitation cost.**
- **Celebrating family occasions / festivities / rites and ceremonies with our Residents**
- **House maintenance cost**
- **Gardening expenses.**
- **Donations toward corpus fund.**

"If I can stop one heart from breaking I shall not live in vain."

- Emily Dickinson



Residents being escorted to their society




PARIPURNATA

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